

JUST *the* FACTS



TOTAL RESIDENCES 245

INDEPENDENT LIVING 76

ASSISTED LIVING 59

MEMORY CARE 33

REHABILITATION & SKILLED NURSING 77

AVAILABLE INDEPENDENT LIVING CONTRACTS
TRADITIONAL • THE 50% REFUND PLAN • THE 90% REFUND PLAN

A PLACE FOR YOU

Discover a vibrant, **resort-style senior community** with 24-hour support and a full continuum of care, featuring exceptional Independent Living, Assisted Living, Memory Care, and Rehabilitation and Skilled Nursing.

Comfortable shared spaces from a private dining room, library and chapel, to party room and outdoor gardening area invite you to connect and unwind.

AN OPTION FOR EVERY APPETITE

Let us do the cooking while you enjoy the good company of friends around the table with food you can't resist.

From Sunday brunch to dinner and complimentary happy hours with friends, dining is a celebration of life's greatest joys.

A FULL LIFE

Indulge your interests and discover new ones with almost **100 monthly classes, concerts, outings** and events through Watermark University.

Keep your body and mind fit in our **state-of-the-art fitness center** with our own personal trainer and heated indoor swimming pool.

Treat yourself in our full-service **beauty salon and barber shop**.

Welcome friends and family to share the experience in one of our guest suites or even let us cater an event.

LET US DO THE WORK

Savor the days as they unfold knowing that our **expert associates** will take care of everything. Starting with our **stress-free move-in coordination program**, you'll be right at home with maintenance and housekeeping at your service 24/7.

Keep your car in your own **reserved underground parking** spot, Cottage garage or let us do the driving.

Our landscapers keep our **idyllic 39-acre campus** with nature trails, a private lake with fishing dock and outdoor barbecue all in pristine order for your enjoyment.

INDEPENDENT LIVING AT THE TOWN CENTER

- Choice of one-bedroom, two-bedroom or cottage residences with balcony or patio
- Modern kitchen with frost-free refrigerator, electric oven and range
- Wall-to-wall carpeting in living areas, vinyl flooring in kitchenette and bath
- Ample closet space
- Bath with safety grab bars
- Interior design professionals in our Design Center to help you customize your space
- Choice of lunch or dinner each day, served restaurant style in our dining room
- Complimentary continental breakfast served Monday through Saturday
- Brunch on Sunday
- Complete apartment maintenance
- Biweekly housekeeping
- Weekly linen service
- All utilities except telephone and internet
- Caring, trained associates available 24 hours per day
- Preventive health screenings and a variety of wellness services including a personal trainer and aquatic classes
- Dynamic calendar of classes, events and Extraordinary Outings through Watermark University
- Guest accommodations
- State-of-the-art wireless resident call system
- Fire safety system
- Scheduled local transportation
- Best Move move-in coordination service



ASSISTED LIVING AT THE INN

- Bright, cheerful apartments
- Three chef-prepared meals daily
- Housekeeping and linen service
- Complete apartment maintenance
- All utilities except telephone and internet
- Caring, trained associates available 24 hours per day
- Preventive health screenings and a variety of wellness services including a personal trainer and aquatic classes
- Dynamic calendar of classes, events and Extraordinary Outings through Watermark University
- Fire safety system
- State-of-the-art wireless resident call system
- Guest accommodations
- Scheduled local transportation
- Best Move move-in coordination service

MEMORY CARE AT THE GARDENS

- Small, friendly neighborhood setting
- Three nutritious, well-balanced chef-prepared meals daily
- Healthy and delicious snacks available at all times
- Housekeeping and linen service
- Complete apartment maintenance
- All utilities except telephone and internet
- Caring, trained associates available 24 hours per day
- Preventive health screenings and Individual wellness plans
- Customized programs designed for residents with memory care needs
- Dynamic calendar of classes, events and Extraordinary Outings through Watermark University
- Fire safety system
- State-of-the-art wireless resident call system
- Scheduled local transportation
- Best Move move-in coordination service

REHABILITATION & SKILLED NURSING AT THE SPRINGS

- Three restaurant-style meals prepared daily
- Newly renovated private suites
- All utilities except telephone and internet
- Personal ambassador program
- Registered dietitian oversight
- Service plans customized to your needs
- Caring, trained associates with registered nurse available 24 hours per day
- Health care management and monitoring with physician oversight
- Flat-screen televisions and Wi-Fi internet access
- Diverse wellness programs including classes and therapies in our heated indoor pool
- On-site physical, occupational and speech therapy
- On-site social services director providing counseling and referral services
- A commitment from all associates to reduce hospital readmissions
- State-of-the-art rehabilitation equipment featuring NuStep®
- Occupational therapy suite
- Private treatment space for speech therapy
- Dynamic calendar of classes, events and Extraordinary Outings through Watermark University
- Fire safety system
- State-of-the-art wireless resident call system
- Evening and weekend admissions

CLINICAL CAPABILITIES

- Physical, occupational and speech therapy
- Wound vacs, IV therapy, VitalStim, pain management and stroke
- Fractures, hip, knee and joint replacements, decreased function or muscular weakness
- Problems with balance and coordination
- Self-care, continence management and home management
- Visual impairments, aphasia, dysarthria and dysphagia and more



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INDEPENDENT LIVING • ASSISTED LIVING • MEMORY CARE • REHABILITATION & SKILLED NURSING

